## HEALTH EQUITY LONGITUDINAL CURRICULUM

## Goals:

(1) Residents will understand the multiple factors including social determinates of health that lead to health inequities; (2) Residents will develop the necessary clinical and population health skills to care for underserved communities

## **Objectives:**

Residents will

- Describe the root causes of health disparities and list strategies to begin to address them
- Recognize personal biases (implicit, micro-aggressions, etc) and develop advanced communication skills to address them
- Develop an understanding of critical race theory, structural competence and strategies to work for change at the institutional and societal level (move towards becoming an anti-racist institution)
- Demonstrate advanced procedural, clinical and behavioral health skills to meet the health care needs of vulnerable populations
- Develop research, scholarship and population health skills
- Engage in community outreach and education

## **Learning Activities:**

- <u>Orientation</u> to local community and resources
  - Site visits include: NHPRI, DCYF, substance used disorder treatment center
  - Community characterization and health analysis GIS exercise
- Health Equity Seminars
  - Topics: health disparities, adversity and resilience, parenting across cultures, health as related to zip code, medico-legal partnerships, racism in medicine, LGBT health, recognizing micro-aggressions, implicit bias, understanding critical race theory
  - Global health lecture series includes annual R1 orientation to RI community, immigrant/refugee cultures
  - Professionalism series: leadership, interdisciplinary team work, teaching, life/work balance, maintaining commitment to service
- <u>Geriatrics</u> includes block rotation, home visits, nursing home visits
- <u>Gender and Reproductive Health</u>- includes gender and family planning clinic
- <u>Behavioral Health</u> includes twice weekly open access clinics, sessions with psychiatrists, work with child/adolescent psychologist
- <u>PCMH practice transformation</u> (Block Rotations: PCMH1, PCMH2, PCMH3)
  - Group visits, transitions of care, multidisciplinary teams, etc.
  - Practice, panel and population management
  - Monthly team meetings and quarterly practice meetings
- <u>Procedural skills</u>
  - <sup>1</sup>/<sub>2</sub> day workshops (repeated annually). Topics: orthopedics, gynecology, dermatology, diabetes care, obstetrics care, reproductive health procedures
- <u>Community engagement & education</u>
  - Participate in school based project teaching 4<sup>th</sup> graders about nutrition & physical activity
  - Participate in YMCA adolescent project and family nutrition project
  - o Home visits with Early Intervention